

* indicates variation for Toddlers

WEEK 1			
	BREAKFAST	LUNCH	SNACK
MONDAY	muffins milk	steak nuggets sweet peas pears bread & butter milk	graham crackers yogurt water
TUESDAY	waffles milk	turkey sandwich green beans mixed fruit milk	applesauce goldfish crackers water
WEDNESDAY	hashbrowns milk	shepherd's pie broccoli pears milk	oatmeal cookies milk
THURSDAY	cereal bananas milk	chicken a la king rice pineapple chunks *applesauce milk	cheese chunks crackers water
FRIDAY	grits milk	hamburger carrots applesauce milk	muffins apple slices milk

* indicates variation for Toddlers

WEEK 2			
	BREAKFAST	LUNCH	SNACK
MONDAY	muffins milk	fish sticks cheese grits green beans pears milk	graham crackers applesauce water
TUESDAY	oatmeal milk	ham sandwich sweet peas peaches *applesauce milk	yogurt crackers water
WEDNESDAY	biscuits & jelly milk	sloppy joes green beans applesauce milk	animal cookies milk
THURSDAY	cereal bananas milk	chicken & noodles broccoli pineapple chunks *applesauce bread & butter milk	cheese chunks crackers water
FRIDAY	pancakes milk	beefaroni carrots mixed fruit bread & butter milk	cheese crackers milk

* indicates variation for Toddlers

WEEK 3			
	BREAKFAST	LUNCH	SNACK
MONDAY	muffins milk	macaroni & cheese broccoli pears bread & butter milk	applesauce cheese crackers water
TUESDAY	grits milk	chicken & rice sweet peas peaches *applesauce bread & butter milk	muffins apple slices milk
WEDNESDAY	cheese toast milk	spaghetti green beans applesauce bread & butter milk	oatmeal cookies milk
THURSDAY	cereal bananas milk	chicken fingers peas & carrots mashed potatoes pineapple chunks *pears milk	cheese chunks crackers water
FRIDAY	french toast sticks milk	pizza carrots applesauce milk	graham crackers yogurts water

* indicates variation for Toddlers

WEEK 4			
	BREAKFAST	LUNCH	SNACK
MONDAY	muffins milk	chicken sandwich peas & carrots pineapple chunks *pears milk	graham crackers yogurt water
TUESDAY	oatmeal milk	tater tot bake sweet peas peaches *applesauce bread & butter milk	cheese chunks crackers water
WEDNESDAY	french toast sticks milk	beeni weenies carrot sticks pears bread & butter milk	animal cookies milk
THURSDAY	cereal bananas milk	fish sticks cheese grits green beans mixed fruit milk	applesauce graham crackers water
FRIDAY	biscuits & jelly milk	shepherd's pie broccoli pears bread & butter milk	snack mix *cheese crackers fresh fruit *bananas water